



REPLY TO  
ATTENTION OF:

**DEPARTMENT OF THE ARMY**  
HEADQUARTERS, TRIPLER ARMY MEDICAL CENTER  
1 JARRETT WHITE ROAD  
TRIPLER AMC, HAWAII 96859-5000

MCHK-PEF  
Pacific Regional Command Exceptional Family Member Program

Congratulations on your assignment to the Pacific!

The Pacific Regional Medical Command is committed to providing you and your Family with high quality healthcare. In this endeavor, we want to let you know about some differences you may encounter when accessing medical care in OCONUS sites within the Pacific basin, whether that care is in an Army medical clinic or on the local economy.

Recommendations for Family travel or command sponsorship are made based on the Exceptional Family Member Program (EFMP) paperwork, completed before you were allowed travel orders to the Pacific. If you or your Family Member requires specialty care that is not available in the Army Medical Center (MEDCEN) or Medical Activities (MEDDACs), you will be referred to the civilian sector for that specialty care.

Useful information about the EFMP can accessed at the Pacific Regional Medical Center EFMP website located at: <http://assist.army.mil/assist2/EFMP/>. In addition to general information, there are categories of information divided into the EFMP Components: Personnel, ACS, and Medical. Forms and information for each sector are available as PDF files.

On the EFMP website, you will also find links to the Augmentation of Special-needs Services and Information to Students and Teachers (ASSIST) website. ASSIST may be able to assist in the evaluation of medical conditions with educational implications and / or the delivery of medically needed Occupational or Physical Therapy. There are links to websites containing credible and useful information on a wide variety of interests and conditions to include, but not limited to, autism. Helpful instructions are also present to help navigate the TRICARE Extended Care Health Option (ECHO) and the Autism Demonstration Project.

If you have parents who are your dependents, care for them is generally not available within the MEDCEN. Dependent parents are not TRICARE beneficiaries and you will not be reimbursed for any medical care received outside the military treatment facility. Please plan accordingly for any specialty or primary health care your parents may need on the local economy.

Please be aware that many housing facilities on and off post do not have central air conditioning. If you have Family Member(s) requiring air conditioning for a medical condition, the Family travel office will provide information on ways to request medical statements to document your need; however, due to the temperate climate, medical criteria must be met.

Again, Congratulations on your assignment to Pacific – we hope you enjoy your tour. Remember, we are here to keep you healthy!

Welcome aboard!

KEITH W. GALLAGHER  
Brigadier General, US Army  
Commanding